

Event Participant Waiver

August 18, 2013

WAIVER: In consideration of acceptance of my entry, I hereby for myself, my heirs, executors and administrators, waive and release any and all rights or claims for damages I may have against the organizers of this race, the City of Kamloops, the Kamloops Ridge Runners, BC Athletics and their agents, representatives, successors, and assigns, and the race sponsors, for all and any injuries I may sustain during the course of the event. I further hereby grant full permission to the race organizers, and the Kamloops Ridge Runners, to use my name, gender, age, home town, and race results from this event in any publicity related to this event, including posting of the race results to the KRR and related running club websites.

Signature of Athlete

(or parent if under 19 years)

Date (MM/DD/YY)



Bare as You Dare

“Bare as You Dare” started as a fundraiser for three KRR members participating in the Kidney Foundation of Canada’s inaugural 100 km Kidney March. It was decided that running around the streets in your underwear was far too much fun to only do once. So here we are, offering runners and walkers a chance to do what your Mama would totally ground you for !

Whether you wear tightie whities, granny panties, a banana hammock or a thong ... come on out, raise some money and of course a few eye brows :)

100% of the profits are donated locally.

Bare As You Dare

8 Km

Underwear

Walk/Run-A-Thong



Sunday Aug 18th

9am

Riverside Park

Kamloops



When

Sunday, August 18th , 2013

The pants drops at 9 am

Where

Riverside Park –west side
by the Tennis Courts



Post Race

Great food and refreshments

Draw prizes—must be present to be eligible for draw prizes.

Unique Age Category medals: Awarded 3 deep 10 yr increments to Walkers and runners

“Dare” prize to most notable underwear!

Sponsors

We Wish to thank The City of Kamloops, BC Athletics, and of course Runners Sole.

Registration

Mail: Box 1044 Kamloops, BC V2C 6H2

In person: Runners’ Sole (cash or cheques only)

Or day of event *until 8:30 am*

Course Information

An out and back route along the River’s Trail system from Riverside Park through Pioneer Park out to the turn around point on Jack Gregson Trail.

For more race information contact:

Sherry Maligaspe 250 374-8492

maligaspe@shaw.ca

or

kamloopsridgerunners@hotmail.com

Kamloops Ridge Runners Society

“To assist and encourage interested members of the community towards good health and fitness via competitive and non competitive running.”

Members of the Kamloops Ridge Runners Society have been running the streets and trails of the Kamloops area for 35 years. One of the oldest clubs of the BC Interior, KRR became a non profit society in 1981.

Bare as You Dare is only one of three organized events KRR hosts each year.

For more info:

www.kamridgerunners.org



Entry Form

First Name: _____

Last Name: _____

Gender: Male Female

Birthdate: D _____ M _____ Y _____

(e.g. 17 Sep 1953)

Age as of race day: _____

2012 BC Athletics Number: _____

(must present your card when picking up bib)

Address: _____

City: _____

Prov: _____ Postal Code: _____

Phone: _____

Email: _____

FEES:

Non BC Athletics Member \$20 _____

BC Athletics Member \$17 _____

Make cheque payable to:

Kamloops Ridge Runners

PO Box 1044 Kamloops, BC V2C 6H2

OFFICIAL USE ONLY

_____ Bib #

_____ Category